From questions on health care costs to information on treatment options, make one call to connect with a Health Advocate. We’re here to help you find information, resources and answers—plain and simple.

**Want to learn how to get the most value out of your medical plan?**
We’ll help walk you through your options and coverage.

**Concerned about what a diagnosis or treatment plan means for you?**
You’ll get the time, attention and information to help you make the best decisions for yourself or a family member.

**Looking for a doctor that’s right for you?**
We’ll help you find one. And we’ll even make your appointments.

**Not sure where to go for care?**
Registered nurses are available 24/7 to help you make an informed decision.

**Need help resolving billing or claims issues?**
We’ll help you get to the bottom of it.

**Questions on a recent screening or blood test?**
We’ll help you make sense of the numbers and find ways to help you improve them.

And since this is part of your health benefit plan, there’s no additional cost to you.

**Call your Health Advocate:** **1-800-842-1219, TTY: 711**
8 a.m. – 8 p.m. local time, Monday–Friday (Or, call 24/7 to speak with a nurse.)
**WellConnected@uhc.com**

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This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through WellConnected is for informational purposes only and provided as part of your health plan. Wellness nurses, coaches and other phone representatives cannot diagnose problems or recommend treatment and are not a substitute for your doctor’s care. Your health information is kept confidential in accordance with the law. WellConnected is not an insurance program and may be discontinued at any time.

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