When you don’t feel well, or your child is sick, the last thing you want to do is leave the comfort of home to sit in a waiting room. Now, you don’t have to.

A virtual visit lets you see and talk to a doctor from your mobile device or computer without an appointment. Most visits take about 10-15 minutes and your virtual doctor can write a prescription*, if needed, that you can pick up at your local pharmacy. And, it’s part of your health benefits.

**Conditions commonly treated through a virtual visit**

Doctors can diagnose and treat a wide range of non-emergency medical conditions, including:

- Bladder infection/Urinary tract infection
- Bronchitis
- Cold/flu
- Diarrhea
- Fever
- Migraine/headaches
- Pink eye
- Rash
- Sinus problems
- Sore throat
- Stomach ache

**Access virtual visits**

Log in to myuhc.com® and click on Virtual Care where you can register for your virtual visit. After registering and requesting a visit, you will enter a virtual waiting room. During your visit you will be able to talk to a doctor about your health concerns, symptoms and treatment options.

After your visit, you will be charged for your portion of the service costs. Virtual visits are covered under your benefits plan. The full cost of the visit will be paid by you until you reach your medical deductible. Once your deductible has been met you will pay your $30 generalist office visit co-pay.

* Certain prescriptions may not be available, and other restrictions may apply.

**Use virtual visits when:**

- Your doctor is not available
- You become ill while traveling
- You are considering visiting a hospital emergency room for a non-emergency health condition

**Not good for:**

- Anything requiring an extensive test
- Complex or chronic conditions
- Injuries requiring bandaging or sprains/broken bones

**Virtual Visits and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times or in all locations.**

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myuhc.com/virtualvisits